

Cindy Ross, Stable Manager and Instructor

Cindy has been around horse since the age of four and began riding lessons when she was five. Her family owned several horses and as a young teenager she had two ponies of her own named “Chelsea” and “Sir”. Together they participated in 4-H and other horse shows and competitive trail rides. After being away from horses during and after college Cindy went on a life changing vacation alone on a cattle-drive in Montana. “It made me realize I wanted to be around horses again”, she says.

After returning to New Jersey, she began volunteering with SPUR. She also worked on weekends in the barn at Huber Woods over the summer and then began working full time with the Monmouth County Park System as the Equestrian Program Coordinator and therapeutic riding instructor in October, 2001. Soon after, Cindy was promoted to Stable Manager of Sunnyside Equestrian Center.

Since 2004, Cindy has studied Parelli Natural Horsemanship and is a Level 2 graduate. She has a passion for understanding equine psychology and communication and loves to share her passion for horses with others.

In 2011 Cindy became a Certified Practitioner with the AANHCP (Association for the Advancement of Natural Horse Care Practices) after graduating from the Institute for the Study of Natural Horse Care Practice in California. She is the first person in New Jersey to be certified by this organization in Natural Hoof Trimming.



Cindy in the field with Indiana